

The Delphian

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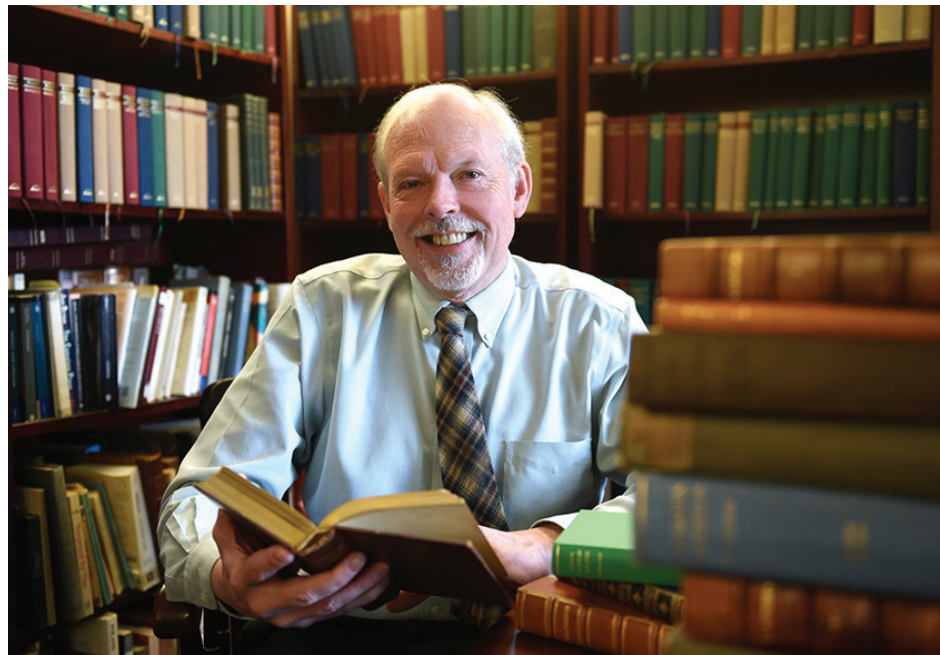
Founding Dean of Adelphi Honors College to Retire

BY VIRGINIA MALONEY

For the past quarter of a century, Richard Garner has been the face of the Adelphi University Honors College, nurturing it since its birth into the highly selective program for young scholars that it is today. The 66-year-old dean has accomplished this by giving an inordinate amount of his own time, money and care. Unfortunately, all good leaders must eventually retire. Come fall, the Honors College will be run by a new face, following Garner's departure at the end of this 2019 spring semester. He was honored Tuesday, April 30 in the Thomas Dixon Lovely Ballroom in the Ruth S. Harley University Center in appreciation for his years of service and his dedication and support of student scholarship.

In 1994, Garner started work at Adelphi University as the first dean of the Honors College, building off a preexisting honors program established in 1979. The idea for the college was developed by late Adelphi president, Dr. Peter Diamandopoulos, who stressed the liberal arts over professional studies at Adelphi before his dismissal from the school in 1997.

"There was suspicion and resistance about the honors college," said Garner. "There was worry that it would eat up all of Adelphi's resources ... that the en-



Dean Garner has served as the dean of the Adelphi Honors College since its inception over 20 years ago.

tire endowment would be given over to the Honors College, which obviously was not done and was never intended. There were rumors fueled by fears that it would eat up everything.

"There was also ... a worry that it would snobbishly elitist, which it has never been ... partly a credit to its students," he said. "I felt a certain amount of pressure to prove ourselves as a good thing."

Despite this initial controversy and pressure, Garner grew the college from a small community with just 50 initial scholars to one with 264 current students of various majors and nationalities.

Alumni go on to receive advanced educations in such notable institutions as Harvard University, Brown University and Johns Hopkins.

Sophomore honors student Gabri-

ela Vidad described the college as a place to "work and share ideas" through classes driven by student discussion. But, she added, it's more than just a school thanks to Garner.

"Dean Garner makes the Honors College feel like home. He invites students to his home before cultural events or after reading books to discuss their experiences," Vidad said, adding praised for his culinary capabilities. "He feeds us and is even known for amazing chocolate cake." When not baking for students, Garner is busy planning cultural events for them, funding scholarships, overseeing admission of new honors students and general advisement.

"I pretty much work seven days a week," he said. "I don't have a spouse or children, I don't have a cat or dog, I don't even have a goldfish, so I never felt like I was cheating someone by being here. I love what I do here."

While attending to these tasks, Garner also managed to teach for 24 of the 25 years he served as dean. "I've always taught," he said. "There have been times when I was teaching Human Condition, Greek, Latin and Hebrew—as many as four courses at a time.

"I'd have been totally happy to be just a professor," said Garner, who taught

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Don't Judge a Human Book by Its Cover

BY JACLYN TRACY

So often in life, we find that we are surrounded by people who we identify with, people we share our traits, people we are comfortable with, and people who we know everything about. We sometimes lack the motivation to go out there and meet others who may be completely different than we are, and learn about what it is that makes them different.

Human Library Adelphi, an event that took place on March 26 at the Angello Alumni House gave, students the opportunity to meet real human "books" of all different backgrounds, ethnicities, beliefs, upbringings and life stories to share and have conversations with them about their lives.

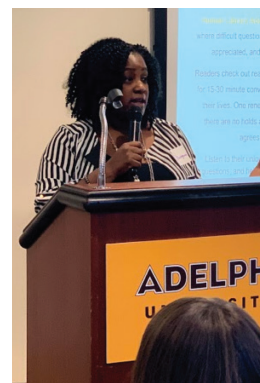
The Angello Alumni House became an actual human library, allowing students to "borrow" those categorized as Survivors, Gender-fluid, Muslim, Addict, TV Exec, Depressive, Black Latina, Feminist Activist and Chronically Ill, among others, for real conversations about what

their lives have been.

Tatiana Bryant, Adelphi's engagement and inclusion librarian, said, "Each book speaks about a particular aspect of their life that has affected them in some degree or way. We have many books on display, including a Japanese World War Two internment camp survivor, a trauma survivor and a former opioid addict."

From browsing through the Human Library catalog, one would get an introduction to each human "book," including a table of contents, picture and short backstory, along with their title. Being that March is Women's History Month, as written on Adelphi's website, "this year elevated the stories of cisgender women, women who are transgender, gender non-conforming, intersex, and non-binary individuals."

Corrada Spatola, writer-in-residence at Swirbul Library, got the chance to interview some students who attended this event and ask about the impact it had on them. When asked to choose a "book" that really stood out to her, Rudhra Lal told Corrada, a freshman nursing major, said, "a black/latina female that talked about her



Human Library was a unique event that compared humans and their stories to the stories found in books, encouraging guests to "borrow" one. (Left) Shanequa Levin, founder of the Long Island Women's Diversity Network. (Right) At the Human Library event, students discuss a nonbinary book. (Photos by James Giella.)

experience of not being able to fit in with any group while she was being raised."

Nursing major Renuka Persuad was asked about how this event helps the Adelphi community. She said, "It exposes us to others and helps us to realize we are all the same. We may have different experiences, but we all go through sadness and happiness. If we had a sense that we're not very different from each other, we would

be more accepting of each other."

This year's Human Library Adelphi left students with a greater understanding of all the different types of people that live in this world, while leaving them with hope that one day we will all be able to understand and put aside our differences to unite as one. One thing is for sure: This event taught those who attended to not judge a human "book" by their cover.

A Word from the Editor

Hi Panthers, we can't believe that we have already made it to our tenth and final issue for the 2018-'19 year. We want to thank you for a great year and for everyone's continued support. I also want to congratulate the entire *Delphian* staff for once again being nominated for the Press Club of Long Island's top college newspaper. Additionally, I would like to congratulate Jaclyn Tracy, Danielle McDougall and editorials editor Victoria Grinthal for being PCLI finalists.

In this issue, we have a variety of great articles that showcase the entire university. The features section includes annual campus events, including the Holi festival, Student Activities Board's Pantherfest and Intergreek Council's Greek Week. We also look to new traditions as Adelphi held its first ever Resident Appreciation Week, so the Paint Night within that was reviewed as well. One Panther also reflected on her unique study abroad experience in Thailand and our very own features editor, Maria, recounted her experience at a student event at the United Nations. My personal favorite is the Jonas Brothers' long-awaited return; I'm looking forward to seeing everything they accomplish. Speaking of concerts and shows, take a look at the best ways to get free tickets to live events. It's tested and proven to be successful. Lastly, we have an article on the anticipated "Avengers: Endgame." We promise, there's no spoilers here.

In news, we thank Dean Garner for his dedication to the university upon his retirement. We also cover the Human Library, where people come together to listen to experiences that others have gone through. It is a powerful event that has received a lot of positive feedback. You can also read about how Adelphi students and faculty had the opportunity to learn about the future of technology with the Carlyle Group's chief information officer and Adelphi alumnus, Suhit Gupta.

In editorials, we look at the tragedy that has occurred in France with the burning of the Notre Dame Cathedral because it is hard to think about how much history we have lost. The *Delphian* staff also wants to thank its seniors for their hard work during their college careers. Tatsuya Hondo and PCLI finalist Danielle McDougall wrote about their experiences at Adelphi and what *The Delphian* has done for them. We wish you both all the best in your future endeavors and congratulations to the rest of the Class of 2019!

Adelphi athletics has ended for most of the sports teams, which means some senior careers have come to a close, including women's basketball's Niajah Morgan. She has been an impact player throughout her college career, and you can read about her goals beyond the court now that she is graduating. Though some teams may be done, baseball and men's lacrosse are still going strong. Men's lacrosse is expected to go deep into playoffs this year as they have in the past. 2019 is a big year for Adelphi men's lacrosse due to the anniversaries of national championship wins and an elite eight trip. We had the opportunity to speak with some lacrosse alumni and current coach, Gordon Purdie and they reflected on their Adelphi experiences. Track and field's Tyler and Trevor Wilkins spoke of their relationship and how track has brought them closer and made them better competitors. Lastly, former sports editor and my co-editor-in-chief, Nikki Cuccio, wrote her powerful Panther Podium as she looks back on an extremely successful collegiate career. I would also like to congratulate Nikki on being named Adelphi softball's Most Valuable Player. It is well deserved.

Thank you for another successful year of *The Delphian*.
I look forward to being your editor-in-chief next year. See you in August!

-Olivia Franks
Editor-in-Chief

TheDelphian

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Founding Dean of Adelphi Honors College to Retire

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at Yale University before coming to Adelphi. "I would not have been happy to be a dean and never have been a professor."

Teaching allowed Garner to put his impressive degrees to use. He received a bachelor's degree in Slavic languages, literatures and linguistics from Princeton University, as well as advanced degrees in classical studies from Harvard and the University of Chicago.

In addition to working at the Honors College, Garner is one of its largest benefactors, having established seven endowed scholarships, which increase the amount of financial aid available to honors students each year.

"I was recognized as the first employee of Adelphi to give the university a million dollars," said Garner, who added that if he could redo anything during his time as dean, he would start raising money earlier than 2004.

Though Garner's occupational life may seem busy or complicated, he believes he has the "easiest" deanship on campus. He credits this to the fact that he hand-selects the faculty members who teach honors courses, as well as all enrolled students. This allows him to focus on "positive and productive things, rather than small problems."

While Garner described his years as dean as relatively easy and abundantly enriching, he has firmly decided that it is his time to retire.

"I've spent 25 years with my main goal as trying to nurture other people's minds, and maybe not nurturing my own mind," Garner said of his decision to leave.

In the year to come, Garner will pack up his home a block away from campus and relocate to an apartment in Manhattan. There he will focus on his hobbies, which include playing the piano and learning foreign languages. Additionally, Garner will spend more time with friends and will frequent the many operas and museums that New York City has to offer.

But Garner will not completely disappear. He said he's willing to provide guidance to the new dean, if it is requested. He will continue to communicate with students, staff and alumni. Even after his death, Garner will remain connected to the Honors College.

"It will get easier when I die," said Garner. "My estate all comes to the Honors College, so there will be millions more dollars for scholarships than there are now."

However, that won't entirely soften the blow to the Honors College community, who are already mourning Garner's



Dean Garner (at podium) was honored Tuesday, April 30 in the Ruth S. Harley University Center. (Photo by Mena Sposito/Adelphi)

departure from the school.

"We are all very grateful for everything Dean Garner has done, and also very sad to see him move on," said Nicole Rudolph, professor and academic director of the Honors College. "We have been given an amazing gift in the stability of his leadership."

Although the next dean of the Honors College is still yet to be announced, Garner said he has high hopes for the future of the school. "I feel I am leaving this place in very good shape," he said. "We have a good foundation, traditions and seasoned staff who are committed to this college."

Rudolph agreed: "The DNA of

the college is set. We have a character, a mission and I am sure we are going to find someone that recognizes the gem that is here. I, like many of us, will continue to search for multiple ways of saying thank you for creating such a beautiful place to learn and to teach."

With the end of the semester quickly coming to a close, Garner wishes to be remembered as a man who created an institution in which students were encouraged take joy in expanding their minds and in learning.

"I was so fortunate to have been here," Dean Garner said. "It was a great luxury and a privilege."

Pantherfest Hits It Indoors with Sports Theme

BY DANIELA KRSLOVIC

Student and faculty excitement drowned out the sound of pouring rain and thunder at the annual Pantherfest held on Friday, April 26. Hosted by Adelphi University's Student Activities Board (SAB), Resident Student Association (RSA) and Campus Recreation to help students celebrate the closing of the school year, Take Me Out to Pantherfest offered many activities that related to this year's theme: sports. Inflatable stations for activities such as axe throwing, basketball, baseball, football, soccer and skee-ball were set up about the gymnasium in the Center for Recreation and Sports. And, of course, there was also a court for Campus Recreation's annual Spike-It Volleyball Tournament, which had four teams registered and eager to play.

"Each year we try to make [Pantherfest] a little bit bigger and better," said SAB president Ashley Willoughby. "We try adding on at least one activity we can have each year. The new thing we've been doing is having it themed to make it more interesting and intriguing for people to come."

According to Willoughby, the activities are based on the event's chosen theme. Last year's western-themed Wild Pantherfest gave students the opportunity to ride a mechanical bull. Along with this year's many sports-themed activities, Pantherfest also offered multiple photo booths, a DJ, free T-shirts and free classic sporting event foods such as burgers, hotdogs and pretzels.

Take Me Out to Pantherfest was originally intended to take place on Levermore Lawn, but due to weather conditions was relocated indoors to the Center for Recreation and Sports.

"We didn't want to have to cancel Pantherfest fully, so we decided to move it inside," said Willoughby. "Normally we



SAB crew (from left) Rachel Rossi, Valerie Buonaiuto, Ashley Willoughby and Danny Hernandez hand out T-shirts at the start of Pantherfest. Students enjoyed activities like axe throwing, football toss and ice cream. (Photos by Adam Robinson and Rachel Rossi.)

get a higher turnout when it's outside."

Students agreed that had it not rained, Levermore Lawn would have been the better location for Pantherfest and would have attracted more guests. "[The gymnasium] is a good alternative," said Eduardo Ortega, a senior biology major. "But it would have been nicer if it was outside because there's more room and more people could see it."

Despite the participation setback caused by rain and thunder, the guests at Take Me Out to Pantherfest still had an enjoyable time and said they would recom-

mend it to other students.

"This is my first Pantherfest," said Ortega. "It's very lively. There's just so much to do around here."

Friendly competition dominated the volleyball court. Students laughed with one another as they played at the various activity stations and took photos. Guests crowded the buffets and some (including our very own school mascot) started dancing to the music that could be heard from the moment you stepped foot into the Center for Recreation and Sports.

Michael Grant, assistant direc-

tor of Campus Recreation, said there were benefits to hosting this year's Pantherfest in the gymnasium. "It's a fun time for the entire campus," said Grant. "With smaller spaces there's a lot more energy. You get to know people a little more intimately and it's still a lot of fun."

With all the hard work done by the SAB, RSA and Campus Recreation, Take Me Out to Pantherfest took students and faculty indoors for an afternoon of relaxation and enjoyment.

Chief Information Officer Speaks Business and Technology at Adelphi

BY VIRGINIA MALONEY

Revolutionary technology, knowledgeable machines and humanoid robots.

For years, these have been common tropes of the sci-fi genre, but it seems that major businesses are aiming to close the gap between fantasy and reality through the implementation of technology.

Suhit Gupta, Adelphi alumnus and current chief information officer for the Carlyle Group, took an audience of Adelphi students and faculty on a journey into the "brave new world" of business technology on April 2 with his presentation titled "From Big Data to Machine Learning: The Hype and Reality of Today's Technology Trends."

"Seventy-six percent of CEOs felt that investing in technology was extremely important," said Gupta, who introduced the audience to 10 technologies, including artificial intelligence, the Internet of Things and virtual reality during his hour-long presentation.

According to Gupta, these technologies have already been, or will soon be, implemented by major companies in order to better meet business goals.

"Executives are starting to believe technology to be the key disruptor for their business," he said. "They need to think of technology as a digital information driver." One such company to turn to technology is Gupta's own Carlyle Group, a top American equity firm with \$216 billion in assets. The corporation aims to make use of deep learning.

"With deep learning, the machine takes combinations of data points or data features and makes its own features," said Gupta, who added that the technology would be used to determine if the Carlyle Group had been investing well.

"We can start using the information that exists from the past and help us get better for the future," he said.

Gupta also suggested that large corporations may someday have access to the entire knowledge of the universe by use of quantum computing, an innovation that focuses on particle behavior.

"One hundred qubits [quantum bit] would probably be a computer about this size," said Gupta, as he pointed to a podium in the front of the UC ballroom. "That's the entire information in the universe...not what we know today but the

entire information in the universe that can exist."

Even with the future existence of a technology faster than a supercomputer, Gupta assured the undergraduates present in the audience that such technology will not replace the individual in the workplace. "People were repurposed in their jobs to provide higher level services," said Gupta, who used the coexistence of ATMs and tellers to show that people will remain relevant if they are trained to adapt.

"I'll end with simply saying that as you think about your careers and which jobs you are going to go work in and which companies you're going to affect change within, think of it less as bringing a new technology project in," said Gupta. "Think instead about how the core of a business itself will be a technological one."

My Study Abroad Experience in Chiang Mai, Thailand

BY BRIGID LYNN

Last semester, I studied abroad at Chiang Mai University in Chiang Mai, Thailand. Before even starting college, I knew that studying abroad was something that I had to do. I was really interested in going to Asia because I wanted to step out of my comfort zone and immerse myself in a culture very different than ours here in the U.S. I felt like by going to Thailand, I'd have the opportunity to gain a more global perspective on life and to learn about a part of the world that I didn't know much about. My first few weeks in Chiang Mai were challenging, mostly because of the language barrier and the fact that I knew nobody there. But, as the weeks went on, I grew close to a great group of friends, and even began picking up on the Thai language.

When I was abroad, I had the opportunity to take some fun and interesting classes. Going to school in Thailand is unique, because we all had to wear uniforms to class. My favorite class was Thai language, where we learned how to speak Thai. The Thai language is hard to learn, but it became very useful throughout the semester and having the ability to communicate with the Thai people in their language was very rewarding. In addition to learning a lot in my classes, I learned through my experiences in the city and throughout the country. I was in Chiang Mai during the Yee Ping and Loy Krathong festivals, which are when people release floating lanterns into the sky and floating candles on to the river at night. This was the most beautiful sight I've ever seen. I also got to interact with a lot of elephants



Studying abroad allows you to immerse yourself in a different culture and atmosphere. Here are just a few of the author's experiences. (Photos provided by Brigid Lynn.)

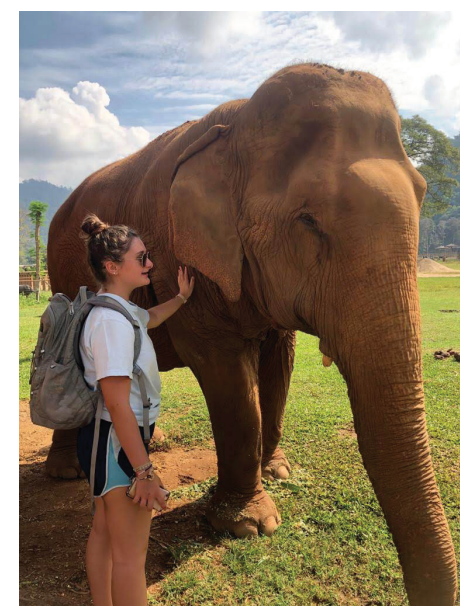
at different sanctuaries in Thailand, which was unlike anything I've ever done before.

In addition to taking great classes, I was able to spend time traveling throughout Thailand and South East Asia. My favorite trip was to Cambodia, where my friend and I got to see the sunrise over Angkor Wat. We also went down to the islands in Cambodia and camped on the beach for a few nights, which was unlike anything I've ever done before. I also went to Ho Chi Minh City, Vietnam and Kuala Lumpur, Malaysia, which were both cool cities with a lot to do.

Traveling to all these places in Thailand and outside of Thailand was a

great opportunity to meet people from all over the world and learn so much about their unique cultures.

After my study abroad experience, I recommend going abroad to everyone I speak with. Not only did studying abroad result in self growth as a person and teach me so much, but it also was the most fun semester I've ever had, and I made so many incredible memories. Studying abroad opened me up to new experiences, new people, and new places, which I would never have encountered had I not taken advantage of that opportunity, so I'm extremely grateful that I did, and I hope that you will too.



Greek Week 2019 Puts Its Own Spin on Reality TV

BY JACLYN TRACY

At a small school like Adelphi, getting involved is the key to making life-long friendships, discovering your true leadership potential, and lastly, having fun. Each year during the spring semester students look forward to Greek Week, a week-long friendly competition between fraternities, sororities and multicultural organizations to determine which organizations come out on top after events that are both physically and mentally challenging.

Some of these events include a water Olympics, where organizations go head to head in the swimming pool of the REC center, dodgeball, basketball, a spelling bee, trivia about Adelphi, volleyball, a Greek God/Goddess pageant-like competition and Greek Olympics. Because Greek Week includes competition that showcases so many different talents, it is essential that each organization comes together and puts forth their best athletes, dancers, singers, spellers and even runners.

Each Greek Week has a theme in which each organization must select a specific category within that theme. They then



Adam Robinson of Delta Chi and Sarah Carbain of Delta Phi Epsilon participating in Greek Week. (Photo provided by Adam Robinson)

make a related Greek Week video and a paddle to incorporate into their Greek God/Goddess performance. This year's theme was Reality TV. Other themes in the past have included 90s, Disney and Greek Gods and Goddesses.

Ryan Foley, VP Internal of the

Inter-Greek Council, was head of Greek Week this year, organizing all events, instructing each chapter's Greek Week chairs of what the week would consist of, and ensuring fair competition among all the organizations.

When recalling his experience this year, he said, "Being a part of Greek Week is something that I have loved ever since I rushed my sophomore year. Back then I never could have imagined running it one day. Overseeing Greek Week gave me the opportunity to see a whole new side of the Greek community."

Although Greek Week is extremely competitive, and each organization wants to do anything that they can to win, it is also a time to bond, laugh and get to know people in other chapters. One of the best examples of this is the Greek Week Video Premier, which took place on Monday, April 15. Each organization was asked to make a video relating to their Reality TV Show with ties to Greek Week, Greek unity and friendly competition. Some of the shows that got their own spin included "Jersey Shore," "Keeping Up with the Kardashians," "Say Yes to the Dress," "Dance Moms," "Shark Tank" and "Beyond Scared

Straight."

Another great event that everyone looks forward to is Greek God/Goddess.

Gerald Mariscal, president of Kappa Sigma, said, "Greek God/Goddess is my favorite event in Greek Week. I love seeing everyone from all different organizations show off their unique talents and it's by far the most entertaining event."

To mark the ending of each Greek Week is the Greek Gala, where the winners are announced, awards are given out to different organizations and select members of each chapter gather in the UC Ballroom to come together as a Greek Community. When discussing the Greek Gala, Foley said, "The Greek Gala is an excellent night that highlights our community's accomplishments and some of the outstanding leaders that we have on this campus."

And the winners are... Delta Gamma and Delta Chi. Both chapters did an amazing job in every aspect of Greek Week and were so proud to receive their winning trophies.

Greek Week is an honored tradition on Adelphi's campus, and organizations already can't wait for next year to try and win it all again.

“Avengers: Endgame” Satisfies the Entire Audience

BY MATTHEW SCHROH

The biggest movie the world has ever seen has officially hit the theaters – and that’s not entirely an exaggeration. The long-awaited “Avengers: Endgame” has officially made more money in its opening weekend than any other film opening in the entire history of cinema. Perhaps that’s not saying much, since the previous title holder was “Avengers: Infinity War,” but it has made well over a billion dollars, hundreds of millions of dollars more than its predecessor. Some number-crunchers are even predicting “Endgame” could be on its way to becoming the highest-grossing film in history, though we’ll have to wait and see if this pans out – history is optimistic, though, considering “Infinity War” is at the number four spot in that regard.

For starters, I’ve never been a huge superhero movie guy, let alone a huge Marvel buff. I have friends who have seen every movie since “Iron Man” and can recognize characters in the huge cinematic universe just from a voice clip. My brothers have even recently gotten in on the craze – in anticipation for “Infinity War” last year, they binged the entire film repertoire, and haven’t missed a movie since. But aside from “Infinity War,” I have relied exclusively on both “Guardians of the Galaxy” movies, and “Captain America: Civil War,” which was Marvel’s big crossover film before “Infinity War” came along and redefined what “big crossover film” even meant.

With this limited film knowledge,

I wasn’t sure what to expect when going into “Endgame.” But, to say the least, it was absolutely incredible. Be prepared for spoilers ahead.

The plot follows up where “Infinity War” left off: Thanos has snapped half of the universe out of existence, and the remaining Marvel heroes are regrouping, ready to take him out. The problem is, after Thanos wiped out half of existence, he used the power of the infinity stones to destroy the stones themselves – a power surge that nearly kills him, but one he finds necessary to resist, in his own words, the “temptation” of total power. With this, there is a jump cut to five years into the future. The world is still grappling with losing billions of people in less than a minute, and morale is extremely low. But then the survivors reunite for a plan to travel through time and collect the infinity stones, using their power to bring everyone back. Trouble arises when some heroes travel close to the vicinity of a past version of Thanos, who catches wind of their plan and seeks to use the Avengers’ stone collecting to his advantage.

That’s the bare-bones model of the plot that I’m willing to give, partly to not give away the best parts and partly because so many of the intricacies need to be seen to be understood.

Many people, myself included, felt that the biggest problem with “Infinity War” was the sheer amount of characters running around – the Avengers, the Guardians of the Galaxy, and various other heroes (Black Panther, Dr. Strange, Spider-Man, War Machine, Bucky, among many oth-

ers). Seeing them team up to fight hordes of Thanos’ army was awesome, but was tricky to balance. It’s a lot more straightforward in “Endgame.” The classic Avengers (Iron Man, Captain America, Hulk, Thor, Black Widow and the return of Hawkeye), along with Rocket Raccoon, Nebula and War Machine, who we also saw survive in “Infinity War,” and Ant-Man, who hadn’t hung out with this crowd since “Civil War.” Captain Marvel, fresh off the heels of the most recent Marvel movie, appears at the beginning and the end of the movie, but is absent during the time travel journey.

As such, the characters are super enjoyable. Nebula in particular was one of my favorites; her relationship with Thanos (her father) was incredibly interesting. War Machine, Rocket, Ant-Man, Hulk and Thor had their moments, and Thanos was just as cryptically fascinating as he was in “Infinity War.” But for me, Iron Man and Captain America stole the show.

The two trademark Marvel characters, who have been butting heads since the beginning (sometimes a bit more seriously – see “Civil War”) and whose tension is palpable from the beginning of “Endgame” really come into their own. The conclusion of this movie is so moving in particular because of how the stories of Tony Stark and Steve Rogers come to an end.

But all-in-all, no characters stood out that I didn’t really like. I know Captain Marvel has gotten a lot of complaints due to being “overpowered,” but she was absent for most of the film so that didn’t really bother me. “Endgame” even got me to care about Hawkeye. Hawkeye, the guy

universally known as “That Avenger Who Isn’t Iron Man, Captain America, Hulk or Thor.” The opening shot of the film is Hawkeye watching his whole family get snapped out of existence. He becomes such a powerful character.

As someone who never really got into Marvel movies, “Endgame” did have a lot of stuff in it that I felt I couldn’t fully appreciate. The jokes referencing the first “Avengers” movie, for instance, as well as various quotes and references throughout – for instance, I didn’t understand “proof that Tony Stark has a heart” to be anything more than a self-deprecative joke.

“Endgame” also tries to include as many characters as possible, but in smaller roles. So, when some characters from “Thor: Ragnarok” were hanging out with Thor, I only had a rough idea of who they were.

The one movie you absolutely must see to understand “Endgame” is “Infinity War.” “Endgame” is pretty much a direct sequel. Having that knowledge, along with the very basic idea of the thread the Marvel cinematic universe has been following, I found myself more-or-less able to string together what was going on, and what had been going on prior to “Endgame.”

The good news is, that means there’s no excuse to miss this movie. There’s a little something for everyone – cool fights for the kids, deep emotional drama for the adults, tons and tons of call-backs for the fans, and for the rest of us, some combination of all three.

Now Calling the Delegation of Lithuania

BY MARIA GIOVANNA JUMPER

From Sunday April 14 to Thursday April 18 a group of Adelphi students participated in the annual National Model United Nations (NMUN) conference in Manhattan accompanied by Professor Katie Laatikainen. The students worked in different committees representing Lithuania. Throughout the conference students worked on drafting working papers that would later become resolutions and learning to become masterful negotiators.

This reporter personally worked with Jennifer Willard as the delegates for the General Assembly First Committee. Within this committee nations were negotiating policy on nuclear disarmament. Other committees discussed varying topics including security concerns, environmental issues, ways to improve refugee care and international humanitarian concerns. All of these discussions were extremely rewarding and the Adelphi students became very involved in the negotiating process.

The conference began on Sunday, April 14, with an opening ceremony at the Hilton Hotel on 53rd street and 7th Avenue. At the opening ceremony the theme for this year’s conference was revealed: “Building a Climate for Peace.” For the next several days, students participated in meetings

from 8 am until 11 pm. These meetings varied between formal and informal sessions. Throughout formal session many Adelphi students, including this reporter, spoke on the floor of their committee, giving speeches that spoke to the importance of their stance on particular topics. During informal session, working papers were drafted, merged, edited and submitted to later be considered as draft resolutions and voted on.

On Monday, April 15, the Adelphi delegation took a trip to the permanent mission to the UN from Lithuania to speak with actual diplomats from Lithuania. Students were able to ask questions about their particular positions and topics, but also receive a broader education on Lithuania’s role within the UN, NATO and the EU. After this meeting students were able to apply this new knowledge to their negotiations.

On Tuesday, April 16 there were special seminars between meetings. These seminars included: “An Insider’s Guide to the UN,” “Integrating International Peace and Security and Human Rights” and “Social Entrepreneurship and the 2030 Agenda.” This reporter attended the seminar titled “Integrating International Peace and Security and Human Rights” where I learned about the correlation between violations of human rights and the need for



Adelphi students participating in the 2019 NMUN conference. (Photo provided by Maria Giovanna Jumper)

UN intervention. Additionally, the seminar focused on the higher level of human rights violations taken against women, including rape as a form of warfare and others.

Wednesday, April 17 was the last day of full meetings and ended with voting procedures and awards. Three Adelphi students received awards for their position papers, which were written before the conference: Mackenzie Banks, Courtney Thrun and Abbey Durning. The students and Professor Laatikainen then enjoyed a group dinner at Carmine’s Restaurant.

The final day, Thursday, April 18, were the closing ceremonies at the actual UN building. Students in the General Assembly First, Second and Third Committees were invited to go to the UN early and

sit behind their nation’s placard and take part in voting procedures on the UN floor. This was followed by closing ceremonies and the official ending of the conference.

For many students this was an extremely rewarding experience. Personally, this has been my best experience of my college career. The conference taught me skills in time management, negotiations, draft resolution writing and more. The conference included students from all over the world and allowed us to make connections around the world. NMUN prides themselves on saying after the conference you will have a couch to sleep on all over the world and they couldn’t be more right about that.

How to Get Tickets to Live Shows and What to Do When You Get There

BY OLIVIA FRANKS

New York is known for its vast array of tourist attractions, including attending live shows that are shot nowhere else in the country. But these live shows, such as “Live with Kelly and Ryan,” “The Tonight Show with Jimmy Fallon” and “Good Morning America” are so hard to get tickets to, not even seasoned New Yorkers can gain access to them. There are very few tickets available and most who apply are on waiting lists for weeks and never receive tickets. But judging by the full studio audiences visible in every show clearly it’s not impossible: if you know some insider tips. Here are all the tricks you need to know in order to see some of your favorite shows live and in person – and maybe up close and personal too.

1. Use well-known websites such as Iiota and On-Camera Audiences. Iiota.com is usually the universal ticketing service for live shows filmed all over the country. On this website, they have tickets for popular tapings like “Jimmy Kimmel Live” and “The Tonight Show with Jimmy Fallon.” There are also tickets for live shows such as “Live with Kelly and Ryan” and “Good Morning America.” Occasionally, there will be a few special events posted like red carpet movie premieres, viewings of movies that have not yet been released, award shows and holidays celebration specials.

If you would like to attend special events, pay attention to the website you are using for updates because tickets will be hard to come by once the free tickets are open for the public. I have received tickets to “Jimmy Kimmel Live in Brooklyn,” “Live with Kelly and Ryan” and the “Christmas Tree Lighting in Rockefeller Center” within three weeks of using Iiota.

2. On social media, turn on post notifications for websites that have tickets. Each show has social media websites to promote when tickets become available. On your specific social media platform, go to the page you’re interested in, then the settings on that page, and click on “Turn on Post Notifications.” This way, you will be notified every time they post, and you will be alerted every time tickets become available.

Time-Out journalist and freelancer Marion Bernstein has past success receiving tickets to live shows and wrote about this topic before. Bernstein said, “The best way to obtain tickets to live shows in NYC is to follow the ‘rules’ exactly as they’re written. Studios run a very tight ship and they’ve created these explicit rules for a reason. Almost all tickets can be requested online these days, so it’s just a matter of submitting your request — as early as humanly possible — and keeping an eye on your inbox.”

I tried this method with Iiota’s Twitter account, @Iiota. Every time I saw a tweet was posted, I went to the page to see if it was for the New York area. When I saw that tickets became available for the 2018 Christmas Tree Lighting Show with Tony Bennett and Brett Eldredge in Rockefeller Center in New York City, I applied to the waitlist. It is also a special annual event, so taking advantage of ticket availability would be important if I wanted to receive tickets. Two days later, I received an email from Iiota saying that my waitlist status changed to available.

“I’ve had great success following these methods,” Bernstein said. “To date, I’ve received free tickets to ‘John Oliver,’ ‘Stephen Colbert’ and ‘Samantha Bee.’”

Therefore, taking advantage of social media has proved to be effective. These include: Iiota’s Social Media Platforms: Twitter – @Iiota; Instagram – @Iiota; Facebook – Iiota; www.facebook.com/Iiota. YouTube – Iiota Studios; www.youtube.com/user/Iiotastudios. (Going on the YouTube account is also helpful when trying to gain more information about tickets. The website has great tips on what to do the day of event, arrival time, waitlist information and more.) On-Camera Audiences’ Social Media Platforms: Twitter – @OnCamAudiences; Instagram – @oncameraaudiences; Facebook – On-Camera Audiences, Inc.; www.facebook.com/OnCameraAudiences/Snapchat – @OnCamAudiences

3. Show your enthusiasm for the event. If you display your energy, that allows the show’s employees to see who is most excited to be at the event and where they should seat you in the crowd. The audience is an important factor of the entire event because they need clapping and laughing to be heard on TV.



Front row seats for Jimmy Kimmel Live in Brooklyn on October 15, 2018. The special guest was Adam Sandler.

The first way to show your enthusiasm is when you apply for tickets. Often websites ask the question: “Why are you excited to see this show?” “Why is this your favorite show?” and even, “Why should we give you tickets to this show?” When you answer, tell the truth. If this is your favorite show and you’ve been waiting years to see it, then use that. My go-to answer is that I am a communications student and I am looking to explore the area of live shows and production because it is something I am interested in.

4. If you learn you were successful and received tickets to your favorite live show and you’re going to see one of your favorite artists, is that it? Not quite yet. Pay attention to the type of tickets you have and when to get to the venue. For instance, standby tickets don’t guarantee entry. You have a better chance of getting in, but it is not guaranteed.

Additionally, your seating in the venue is not guaranteed to be the best in the house.

“We work with about 50 different television shows. Since we deal with so many different shows, the specifics of each show can be a little different,” said Chelsea Reba, operations coordinator for On-Camera Audiences. “For some of our more popular shows like ‘Dancing with

the Stars,’ we would rarely if ever have to pull from a waitlist. The limited amount of tickets we release are claimed extremely quickly, and people rarely back out of that show. A special taping may change venues and increase the audience size by 500, in which case we would open up that wait list.”

You very well may be the last seat once you get into the venue. Sometimes the show has their own staff or Iiota has their staff outside to keep fans updated on what is going on inside, when they may be seated and what time everything should begin. Regardless, you must get to the event at least an hour before your registration time in order to get a good spot on line. For example, general admission tickets for “Live with Kelly and Ryan” says the check-in deadline is at 7:45 am. Get there at 6:30 am or 6:45 am before a large flow of traffic begins arriving.

Speaking with the employees and telling them why you’re excited to is also important. After receiving priority tickets for “Jimmy Kimmel Live in Brooklyn,” my guest and I arrived at the venue at 2 pm, the start time of the check-in for the taping. Approximately 50 people were on line in front of us, but after speaking to employees, being polite, following their dress code (they usually recommend that you dress as if you are attending a dinner party), and responding when they speak to the crowd, they told us we would be handed assigned seating tickets. This was a safety precaution so fans would not run over each trying to get the best seats in the venue. One employee was very preoccupied while handing out tickets, but I saw the tickets in her hand were in the orchestra and unfortunately, walked away from where I was standing. The next man to come around with tickets had tickets for the mezzanine and orchestra and was choosing people to give specific tickets to. I said I had not yet received tickets politely and he handed me tickets in the front row.

It is important to be patient and wait for the right person to see you have been waiting but not complaining. Follow the instructions and these tips and you should be on your way to your favorite live show in no time.

Resident Appreciation Week: Paint Night Puts Untapped Talents on Display

BY ALEXA COHEN

Throughout the week of April 22, Adelphi University had the first annual “Resident Appreciation” Week. There were many free events for residents to enjoy. *The Delphian* attended the Paint Night at Muse Paintbar in Garden City on Wednesday April 24 from 6:30 pm until 10:30 pm as part of the week’s agenda. Transportation was provided and the residents all met at Post Hall for the bus to travel there together.

When the group arrived at the location, the staff was friendly and made everyone feel at home. Snacks and aprons were provided, and painting skill levels were assessed. For many, it was their first paint night experience.

It was special to share in that experience together. The group each painted a view of palm trees over water with a sunset sky, with grass in the front and a beach chair. Upon completion, the artists poked holes in their canvases to add LED lights.

“This was my first time attending

a paint night,” said Sophia Walsh. “I had an awesome time. For someone who is not artistic, being with the Adelphi community made me feel super comfortable doing something new.”

At the end of the night, a group photo was taken displaying the final products.

With finals coming up, it was a nice break from school. There were many other events throughout the week, such as Escape Room, Adventure Park and the movies.



Residents got to bond and take part in a fun paint night as part of Resident Appreciation Week. (Photo provided by Alexa Cohen.)

Holi: The Festival of Colors and Love

BY ASHLESHA PANDIT

Holi is one of the most popular festivals celebrated in India. It is also known as the Festival of Colors and Love. The celebration starts on the evening of “Purnima,” the Full Moon Day in the month of Falgun, which is the last month of the Hindu calendar, and lasts for two days. During this festival, everyone gets together with joy and enthusiasm to free themselves from all the resentment and negativity they may have towards one another. After burning their worries, frustrations and anger in a big bonfire, they start throwing color on each other to display positivity.



Adelphi students celebrate Holi, the festival of colors and love, on the Flagpole Lawn by throwing colors at each other. The event was sponsored by International Student Services. (Photos by Ana Luíza Poliselí Fávero)

According to a popular legend, the term “Holi” originally came from Holika, the name of a demoness. Holika was the sister of a demon king named Hiran-yakashyapu, who defeated the gods and gained control over the Universe. The legend states that the king was angry with his son, Prahlad, for worshipping Lord Vishnu. So, he used his sister’s help to teach his son a lesson. Since Holika could withstand any fire, she carried Prahlad to a fire and attempted to throw him in it; but she failed because Prahlad was protected by Lord Vishnu. Thus, the Holi celebration was born to mark the end of the evil represented by Holika, and to remember the victory of the good over the sinful.

Besides its mythological significance, Holi also has the following cultural, social and biological significance.

Cultural significance: The story of Hiranyakashyapu and Prahlad showed people that having complete devotion to God will mean that God will always have a place in his heart for his true devotees. The point of sharing these legends with people



A color throw was the highlight of the May 1 Holi Festival. (Photo by Ana Luíza Poliselí Fávero)

was to persuade them to follow the path of truthfulness and righteousness which are considered to be very important qualities in the Hindu culture. To prevent people from getting involved in evil acts to gain something in return, Holi reinforces the belief in honesty and encourages people to dump their sinful thoughts into the fire.

Social significance: Holi brings people in the society together to strengthen the unity among them. Holi is also celebrated by people who are not Hindus because everyone likes being part of a colorful and fun festival. For example, on Adelphi’s Garden City Campus, we celebrated the Holi festival on May 1 this year where students of different nationalities and cultures

came together to enjoy the colors and have fun with their friends. This celebration happened on the Flagpole Lawn, behind the Business School building, where there was more room for people to move freely, dance, and throw colors on each others. People, dressed in white T-shirts or any light-colored clothing, got together with their friends and strangers on the lawn to celebrate the festival. There was a DJ, lots of food, and buckets of water and color. Students mixed the color and water and threw it on each other while they danced to Bollywood/Western music. As they threw color on each other and the people walking by, you could see that the air around the lawn was bright, filled with different colors.

Biological significance: Holi also has a positive impact on our bodies and our health. During this time of the year, the weather in India changes from cold to warm temperatures; so, people’s energy starts to decrease. Hence, in the past, to reduce their drowsiness and fatigue that came from warm weather, people would scream and sing as loud as they could to help wake up their bodies. The practice still continues. As for throwing colors on others, people would use a special type of liquid color known as “Abeer,” which enters the pores on the human face and makes the skin look softer and healthier. People still do it to this day.

Another biological reason behind the Holi celebration is that, when the seasons change, our body temperature also changes, making us more vulnerable to

having bacteria on our bodies. As a tradition, people would perform “Parikrama,” which meant walking around the bonfire to rid our bodies of the growing bacteria. After walking around the fire, to continue having good health, people would place “Vibhuti” (i.e., holy ash) on their foreheads and drink a mixture made of sandal paste and mango tree plants.

Holi is also considered the Festival of Love. It signifies the love that Lord Krishna had for his ardent devotee, Radha. During Krishna’s teenage years, Radha fell in love with him after he saved her life from a demon who appeared in the form of a buffalo. She loved Krishna very much and considered him as

her God. Therefore, during Holi, in some places, people create idols of Krishna and Radha and carry them around the town in decorated palanquins. They also place the idols on a swing and everyone takes turns pushing it to honor the mythological scene where both Krishna and Radha would be sitting on a swing, with Krishna playing his flute and Radha resting her head on his shoulder, quietly listening to the melodious tunes.

The festival of Holi continues into the following day when after a night of intense fun and yelling, people engage in another celebration known as Rang Panchami (where “Rang” means colors). As per the Hindu calendar, this day comes five days after the Holi celebration on the Full Moon night; but for practical reasons, people celebrate it the day after Holi. Like others, Rang Panchami is considered to be an important ‘puja’ for Hindus because it purifies the atmosphere and allows people to feel the presence of the Deities through the colors. According to Hindu mythology, Rang Panchami begins with the defeat of “Tamas” (i.e., darkness) in the Holi fire and creates an atmosphere of happiness everywhere which is symbolized by throwing different colors around us. It is a way of worshipping different Deities each of whom is supposed to love one of those colors.

To this day, Holi is known for bringing joy and harmony among the members of a society by allowing people to forget the hatred they hold towards their enemies and embrace the goodness in their lives.

Jonas Brothers Comeback May be the Best of 2019

BY JACLYN TRACY

For any die-hard Jonas Brothers fan, the break-up of the band was one of the saddest things to face. As time went by, fans started taking down posters off their walls, putting away old CDs, and pretty much coming to terms with the fact that the Jonas Brothers were no more, with Nick Jonas embarking on a solo career, Joe Jonas with a new band called DNCE, and Kevin Jonas having a wife and two daughters. But now, it is 2019, and to the shock of fans everywhere, the Jonas Brothers are back.

On February 28, a Jonas Brothers Instagram account was started up, posting a picture of them captioned, “Midnight ET #Sucker”. This instantly blew up on social media, bringing fans back to the days of middle school, singing “Burnin’ Up” in the car with your best friends and arguing over which brother was your favorite. One of the most popular tweets read, “we are all gonna be 20-30 at a Jonas Brothers concert and I couldn’t be more excited. #jonasbrothers #old.”

Their comeback was marked by the release of their newest single “Sucker,” which immediately became the #1 single on iTunes, the #1 trending video on YouTube, and currently has over 102 million views. The catchy pop lyrics picked up right where the JoBros left off before they broke up.

The music video for “Sucker” is extremely fancy, showing them in an estate resembling that of the Palace of Versailles, and features the three Jonas wives, Danielle Jonas, Priyanka Chopra, and soon to be Mrs. Jonas, Sophie Turner.

Along with the release of “Sucker,” the Jonas Brothers appeared on the “Late Late Show with James Corden” to mark their return to music. The episode was filled with carpool karaoke singing along to songs like “Burnin’ Up,” “Lovebug” and their newest single “Sucker,” along with spill or fill your guts, where James asked all of them funny and personal questions, and ended with a hilarious performance of a remix of the song “Year 3000” titled “Year 2019.”

The Jonas Brothers recently released another song titled “Cool,” a single they dropped on April 4, along with a music video of them on the beach performing. In an interview with Corden, Nick was excited to reveal that they have a lot of music in the works, and a lot that has been put together, but not released yet.

The comeback of the Jonas Brothers has only just begun, and now, 2019 may just be the Year of the Jonas. They will be appearing at Madison Square Garden on August 29.

How the “Wall Street Journal” Fights Fake News

BY MATTHEW SCHROH

The term “fake news” stirs up a lot of sentiment in today’s world, especially in the United States. In the past few years, journalism has come under a new wave of attack from all sorts of Americans – left-leaning consumers rallying against Fox News for being “fake news,” right-leaning consumers rallying against the “New York Times” for being “fake news,” and folks who don’t feel strongly one way or the other, and just want to know if the news they’re consuming is legitimate.

A few weeks ago, as news editor of this paper, I had the opportunity to attend a college newspaper editor summit hosted by the “Wall Street Journal,” which was offered to college newspaper staff and writers. Among the topics they covered was the “Wall Street Journal’s” handling of information in the age of “fake news,” and I left believing the “Journal” took it upon itself to uphold an important division between fact and story.

The most common complaint of fake news – a legitimate complaint, to be sure – is that it exists to serve the source’s own bias. For example, liberal critics may claim that coverage offered by Fox News will ignore key facts in order to create a pro-Trump story. Perhaps they will claim that reporters gave the Mueller report an easy pass, or note apparent hypocrisy with how conservative reporters laud Trump for his work in North Korea while lambasting Obama for his work in Iran.

Conservative critics, whose variety of targets include the “New York



The author is convinced that the “Wall Street Journal” is currently the media outlet best equipped to tackle the issue of fake news in 2019.

Times,” the “Washington Post,” CNN and MSNBC, claim the reverse – that these media outlets create a story simply as a dig against Trump and not to actually relay information to the public. These critics cite Covington High School and Jussie Smollett, or, more directly, the infamous CNN headline: “Donald Trump Gets Two Scoops of Ice Cream, Everyone Else Gets One.”

In both partisan instances of crying foul, and in all the specific examples, the clear source of opinion is triumphing over fact. Journalists have the same right to their own political views that every other American enjoys, but it is very, very important to keep these views out of their journalism. For example, a report by the Center for Public Integrity estimated that 96 percent of the donations made by journalists during the 2016 presidential election went to Hillary Clinton. Multiple other firsthand accounts note Donald Trump’s closeness with the late Roger Ailes, the CEO of Fox News, who consistently advised candidate Trump and helped prepare him for the debates in 2016.

Now, it is true that Ailes was out of work after he began helping the campaign with debate prep. It is also true that journalists are free to spend their money how they like. However, I would still make the case that the biggest gripe in the modern media can be solved by journalists learning to keep their facts and their opinions separate. It is clear that both parties are guilty of trying to advance a political narrative through what is supposed to be legitimate news coverage, and after attending the Wall Street Journal editor summit I believe there is a solution.

Media outlets must address that there is a problem with one-sidedness and take the steps to regain their journalistic integrity.

Aside from the “Journal,” all the media outlets I have mentioned previously in this article share one common thread – they will never admit that there is a problem. MSNBC and Fox News continue to chug along, too happy with Rachel Maddow and Tucker Carlson raking in the views to bother pointing out that these commentators aren’t actually sources of information.

The “Wall Street Journal,” on the other hand, takes great strides in its ability to separate fact from narrative. In fact, organizers have gone so far as to separate the databases used by news writers from the databases used by editorial writers. Say, for example, two writers are covering a recent speech by former President George W. Bush. One will be writing an article covering everything the former president said, the other will be writing an op-ed about the wording of George W. Bush’s

speech was an example of him hiding from the spotlight in the wake of Trump’s election. Even if both of these hypothetical writers wanted to access the exact same interview or the exact same quote from a former staffer, they would not be able to find this information in the same database – they would have to go to two different ones.

This is the extent to which the “Wall Street Journal” makes sure opinions will not be influencing facts during production. It is rare to see a media outlet take so much pride, not just in proclaiming its journalistic integrity, but maintaining it and backing it up with proof.

It is very tempting for journalists to try and sway the hearts and minds of their readers; this process has been going on for years, and in fact there was a time where it was far worse (one doesn’t even have to go further back than the twentieth century to find owners of newspapers ordering positive or negative press on certain figures in American culture).

It’s human nature to be strong-willed and opinionated. That’s what makes us all unique. However, by taking that extra step and keeping your opinion at the door when you go in for work at CNN, MSNBC, Fox News, the “New York Times,” the “Washington Post,” the “Wall Street Journal,” whatever, you ensure that all of the readers who will be consuming your media will be able to form educated opinions for themselves, instead of having it spoon-fed to them.

In this aspect, many modern journalists have a lot to learn from the “Wall Street Journal.”

Senior Reflection on the General Studies Program

BY TATSUYA HONDO

Editor’s Note: Tatsuya Hondo has been a frequent contributor to The Delphian for the past three years.

Panthers at Adelphi have all been through restless periods, a time when we are focused on getting something done. Whether this be finishing our homework or extensive projects that must be submitted on time, we are all dedicated when the time calls. Adelphi students are known for their striking determination, one that resemble the panther’s strong and powerful pouncing when catching prey.

I will be graduating this month with a Bachelor of Arts in anthropology. I chose this as my discipline because I knew that my interests were dynamic. The assortment of studies like history, philosophy, medical knowledge (biology/pathology) and culture started my explorations and career interests (the human condition during prehistoric period brings me awe). I began my first year at Adelphi in the General Studies Learning Community. I felt a different atmosphere once out of this program and quickly understood my advantage due to the affiliation and completion of this first-year program. While my peers

took one or two courses at a time relating to their majors during earlier phases of their Adelphi experience, the possibility for me to take many anthropology courses per semester dramatically changed the quality and encouragement of my continued education. Because of the completion of many general education requirements, my post first year at Adelphi I was taking courses of my greatest attentiveness. General Studies accelerated in completing most of the general education requirements, so it decreased my stress.

The descriptions and course material for some courses were over and above my initial interests and my education at Adelphi transformed my character and understanding of knowledge and views. Some of my favorite courses include the forensic-esque courses instructed by the forensic and physical anthropology division in the Department of Anthropology, and the propaganda and communications course presented by the Department of Communications.

During my studies, I’d feel longing to play the piano. Playing the piano is one of my ways for self-care and Adelphi’s music facilities that are available to a non-music student is a meritorious service. Access to the piano practice rooms in the

Performing Arts Center not only allowed for the disciplines to share resources, it allowed me to experience a variety of pianos, enriching my music skills. Adelphi truly stands for what is a small learning community. That’s why the many available facilities on campus are instrumental in our non-major related participations (computer labs, student lounges, recreational spaces and other resources). I also believe that Adelphi is commendable for creating a more relaxed and friendly campus community.

Like every graduating senior (congratulations Class of 2019!), we Panthers have all been busy with many commitments. Let’s not forget that we have other people to appreciate and thank for their friendly support and alliances. We students were able to put attentiveness in our education and the institution of Adelphi because we stand for something distinctive.

I have met and interacted with many other individuals who graduated Adelphi, who are Panthers out in the community, working in the professional world. There is an extended community of Panthers, and they are our allies. I remember when I began my anthropological research in Jamaica and Woodside New York. The

clinic’s executive director was an alumnus from Adelphi, who had earned a graduate degree in social work.

My on-campus employment as a lab assistant in the BioArchaeology Lab gave me the experiences in what I was interested and extended training opportunities and confidence in myself. It also gave me the chance to work with the professors in my research interests, and to get career advice.

I’ve also managed to balance full-time school and military service. Adelphi’s interdepartmental facilities and their availability make our institution of higher education special, accompanied with the promises of the small learning environment, friendship with the professors and the on-campus community all provided plentiful opportunities.

I want to thank my academic advisor Anagnostis P. Agelarakis, physical and forensic anthropology professor, my previous advisors in the General Studies Learning Community program, and my family for supporting my excellence and betterment in education broadly. I also appreciate and thank kindly my peers and Adelphi, both for the continuity in respect and advancement in the community and global auspices.

Senior Reflection: A Sense of Belonging

BY DANIELLE MCDOUGALL

Editor's Note: Danielle McDougall has been The Delphian features editor and an award-winning contributor who most recently was nominated as a finalist in the Press Club of Long Island awards.

When I began my freshman orientation in the summer of 2015, I felt unconfident, shy and extremely out of place. It seemed as though every student around me was forming close-knit friend groups in no time and with no effort. Seemingly everyone else felt as though they belonged. I yearned for that sense of belonging, but because of my timid demeanor, I spent most of my time alone. It is not an exaggeration to say that all of that changed when, on the second day of orientation, we freshmen were ushered into the Center for Recreation and Sports to meet student representatives from all the organizations on campus. It was then that I learned about *The Delphian*, the student-run newspaper.

I excitedly wrote down my name on the sign-up sheet and, shortly thereafter, attended the first meeting of the semester. From the moment the meeting began, I felt as though I found what I had been searching for during those lonely days of orientation: a sense that I belonged somewhere.

From the time that I began as a staff writer for *The Delphian* in the fall of 2015 to my time as an Features and Entertainment editor in 2016, 2017 and the spring of 2018, what I have appreciated most about the newspaper is simply how much it values students' perspectives and input, including mine. What made me develop a sense of confidence in myself as a writer and a person was the fact that our advisor, Liza Burby, the editorial staff and the staff writers all worked collaboratively in order to brainstorm article ideas, provide constructive feedback and even distribute copies of the paper once they were printed. Growing accustomed to this process encouraged me to take ownership of my voice, strengthen my capacity for

group work, and develop the confidence to speak in-person and in writing. And, along the way, I was able to create bonds with people who I may never have been able to meet in other spaces on campus (Bryan Grilli, who worked as editor-in-chief and graduated two years ago, is a *Delphian* friend that comes to mind).

Most importantly, *The Delphian* gave me the opportunity to converse with the campus community about issues that directly impact me, as well as countless other women, LGBTQ+ students and Black students on campus. Whether there was collective organizing to secure the rights of students to engage in protest on campus, a march to raise awareness about violence against transgender women, or a public performance to draw attention to the issue of police brutality, *The Delphian* gave not only me, but the dozens of students, faculty and administrators that I interviewed, an opportunity to speak up about what they wanted to see done to make Adelphi more inclusive. And as



I prepare to graduate, I know that it was conversations like those that changed me for the better. In fact, all around, being a part of *The Delphian* changed me for the better.

Tragedy Strikes Notre Dame Cathedral and Shakes Up the World

BY MARIA GIOVANNA JUMPER

News breaking on the fire at the Notre Dame Cathedral in Paris--Cathédrale Notre-Dame de Paris--was devastating not only for Catholics around the world, but also art lovers, historians and anyone who celebrates different cultures. The cathedral has been a world landmark that people have prized visiting and experiencing the beautiful art work and ancient atmosphere. The fire set off worry around the world of a devastating terrorist attack, but fortunately, as of now, it seems that this was more of an accidental incident. As of the now the investigation is pointed towards electrical installations that had just been made within the construction areas of the cathedral and cigarette butts found on the scene.

This construction was in line with some French engineers and architects trying to bring the cathedral into modern times. Some priests and architects pushed against these improvements as they were afraid of mixing modern technology and electricity with medieval, easily-combustible, structures.

It is now easy to understand their fears, although many of the engineers are sticking to their work and asserting that it is impossible that the fire started within the newly electrified bells. The fire has destroyed much of the cathedral and even caused the spiral to completely collapse, with it the destruction of not only beauty, but also world history. Losing any historical structure is a tragedy. Society loses a look into the past; they lose the marvels of medieval construction and they lose a piece of history.

The day of the fire, April 15, 2019, was filled with disbelief, fear and a sense of hopelessness. It came during Holy Week for millions of Catholics worldwide,



The fire that raged through Notre Dame Cathedral in Paris on April 15 shocked the world.
(Photos from Getty Images)

adding to the significance of the tragedy. Personally, as a member of the Catholic faith, I felt a sense of helplessness and this fear although I am not French, nor have I ever had the opportunity to visit the breathtaking cathedral. I couldn't help but think about the loss this fire would cause. The loss of art that has been celebrated for centuries, the loss of unbelievable architecture created before the use of high-tech machinery was available, the loss of an overwhelming amount of history. This horrible feeling was shared by many around the world.

Notre Dame is not just another church, it is not just an important landmark for the Catholic faith. Notre Dame has been an attraction for anyone around the world; it has held a special place in the hearts of people from all different walks of life.

The burning was accompanied by weeping people, and a sick feeling in the

pit of their stomachs. It is unusual for the world to helplessly watch a historic icon become engulfed in flames and fear it will all be lost.

No matter how beautiful Notre Dame Cathedral is built back to be, society has lost a part of history. We live in a time where we have the technology to recreate buildings and structures, but it will never be the same. 700 years of history are gone and cannot just be replicated.

The world will feel this loss for a long time. We can only hope to see the Notre-Dame brought back to its beauty. It will never be the same, but when it is rebuilt it will be a beacon of the stubbornness of society to not be defeated. We will not be held down, we will not stay in the dark, we will not be pushed into destruction. The human species is resilient, and this tragedy will prove that resilience. Things will never be the same, but they also will not stay destroyed.

The Delphian Named Finalist in PCLI Awards

The Delphian has just been named a finalist in the Best College Newspaper category for the eighth year in a row by the Press Club of Long Island (PCLI), a local chapter of the Society of Professional Journalists.

In addition, editorials editor Victoria Grinthal, and contributors Danielle McDougall and Jaclyn Tracy have also been named finalists in the news and features categories.

The winners will be announced at the PCLI annual journalism awards at a dinner at Watermill Caterers in Smithtown on Thursday, June 6. Congratulations to the entire *Delphian* staff for this well-earned recognition.

Congratulations to
the Class of 2019,
especially our editor-
in-chief Nicoletta
Cuccio and produc-
tion artist Valerie
Buonaiuto. Thank
you for your hard
work and dedication
to
The Delphian!

Using Their Platforms: Ben & Jerry's Ice Creams Speaks Out on Pot and White Privilege

BY VICTORIA GRINTHAL

When large companies post on social media, their content usually focuses on advertising more than spreading awareness about current issues. However, some groups can use their popularity to speak out about what's happening in our society. For example, Vermont-based ice cream company Ben & Jerry's took to Twitter to point out a very controversial idea to their followers. On April 20, also known as the unofficial marijuana holiday 4/20, the famous ice cream sellers posted a video that focused on the facts about convicted drug offenders in the United States.

Since recreational marijuana use is only legal in selected states across the country, the company—founded by Long Island natives Ben Cohen and Jerry Greenfield—discussed the issue of the common proportions of race in drug felons charged with cannabis-related possession. The caption of this Tweet read: "It's hard to celebrate 4/20 when so many people of color are still being arrested for pot. We have to do better." It linked to a post on the company's website entitled "This 4/20, Let's Be Blunt About Justice."

All puns aside, the Tweet and linked page refer to the unspoken, yet widely-understood fact that black people are proportionately more likely to be arrested due to possession or sale of pot than white people. In the linked post, the group also gave statistics on how accurate this claim really is.

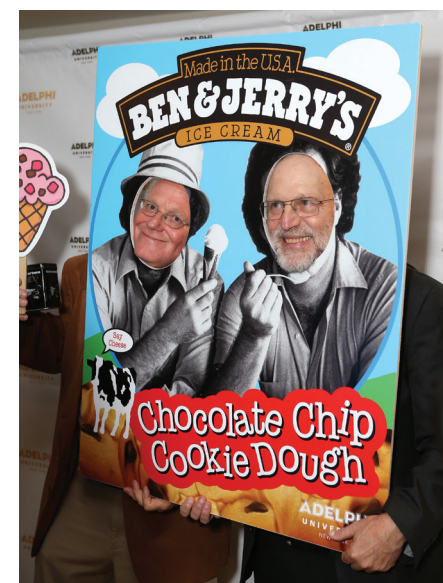
Not only did the company post on social media, but they also had a physical interaction with those who celebrated 4/20 in California. The company gave away free pints of their "Half-Baked" ice cream flavor—which consists of vanilla and chocolate ice cream with brownie and chocolate chip cookie dough chunks—at the Caliva dispensary in the San Francisco Bay Area on that given date.

The company, whose founders spoke at Adelphi University last year, has been no stranger to speaking out against topics like injustice and political standing. Even at their appearance at Adelphi, the duo promoted a movement that focused on over-funded political campaigns and the alternative ways that money could be spent. Still, the calling-out of unfair white privilege within marijuana use is something that lots of people try to avoid today. This is important especially considering the

range of legalization for pot in our country. Marijuana is recreationally legal in some states, only medically legal in others, and completely illegal in remaining ones. The fact that there is such variation within the use of it is absurd to me, not to mention the inequality that comes when race is added to the mix.

Although racial double standards are still ever-present in our society, the fact that this kind of standard exists to this day is horribly stupid. Even while I commend Ben & Jerry's efforts to educate us about these terrible statistics, it has to be realized that this is more than a harmful drug at this point. So many minorities are convicted of nonviolent possession of marijuana that we are now filling our prisons with people who are not harming society in any way. Many people have written about this before, and the evidence is strong that marijuana is not the most harmful drug out there. Since so many people now use it medically, there is no reason to completely make it illegal. We should also take note that since the rates of those in prison are higher for African-Americans than whites, something's very wrong with the people who lead and protect us. We can say it's on each individual to decide who should

be punished, but if the statistics on marijuana are so prevalent and jarring, we can't just ignore that fact that this is happening. I hope that we can all teach the upcoming generations that race is not a factor to whether someone should or should not be arrested. We should be able to put our opinions away for a moment and observe that we all are supposed to have equal rights here.



Ben Cohen (right) and Jerry Greenfield both appeared on campus on Sept. 12, 2018.

SPORTS

Basketball's Niajah Morgan Calls It a Career

BY GIUSEPPE LODUCA

For Niajah Morgan, a senior guard on the Adelphi women's basketball team, the 2019 season was a fitting end to a stellar athletic career. An All-Bronx All-Star at Cardinal Spellman High School, Morgan finished her Adelphi career by making the Northeast-10 all-conference second team, averaging 16.6 points per game for a Panthers team that finished 15-13.

The list of accomplishments off the court is even longer and more impressive. A member of the National Honor Society, she will graduate in the top 10 percent in her class. As such, she is the true definition of a student athlete.

Niajah started playing basketball at a competitive level in eighth grade. Growing up in the Bronx, Morgan said basketball did a lot for her beyond the love of the sport.

"Basketball kept me out of trouble when I was younger since I was always busy playing or watching it," she said. "I didn't have time to get into anything else."

Education was just as important to Morgan since her mother is a teacher. "I have been on the honor roll ever since I could remember," she said.

As she got older and progressed in her high school career, she realized she could take basketball to the next level.



Niajah Morgan on the court during an away game. (Photo by Adelphi Athletics)

"Once I started meeting juniors and seniors who already committed to colleges, I realized that playing in college was something I wanted to do," she said.

After going through a rigorous recruitment process, Morgan decided to

come to Adelphi. She was recruited by former Adelphi coach Heather Jacobs.

College would prove to be a challenge, however, as balancing both academics and basketball was a learning process for Morgan.

"When I got to college, it was difficult at first balancing the two," she said. "But just like anything else, I believe it is a skill that you develop with practice."

Just like any other student athlete, the pressure to succeed in athletics and academics can be overwhelming at times, and Morgan had her struggles.

She said that she always tried to put academics as her priority, but there were times where basketball would take over. "I tried my best to balance the two and manage my time so that there were very few times where I was forced to make a trade-off."

As she prepares to graduate this month, Morgan has a clear goal and plan. She will pursue an MBA.

"I'm choosing to finish grad school next year," she said. "If playing overseas is still available to me when I finish, it is something I may consider."

Morgan said her passion for basketball will always be there, but her passion for academics and a career in finance is just as strong.

"I hope to work and gain experience with a financial firm," she said. "Eventually I would like to open a number of my own different businesses."

She also would like to start basketball clinics and programs in her neighborhood. As her teammate Jess Camarda has said about Morgan, "Whatever she does, we all expect great things from her."



Morgan with her family and coaches on her senior day. (Photo by Adelphi Athletics)

Lucky 9's: 1979, 1989 and 1999 Men's Lacrosse Teams Reunite for Championship Anniversaries Is 2019 Next?

BY OLIVIA FRANKS

On April 13 Motamed Field and the Center for Recreation and Sport was swarming with many of the former Adelphi men's lacrosse players as they were honored for their achievements with a ceremony. The 1979 team celebrated the fortieth anniversary of Adelphi's first lacrosse National Championship win in school history, the 1989 team reflected on their trip to the elite eight in the NCAA Tournament; and the 1999 team remembered their National Championship run with a season record of 10-3.

The 1989 team has a particular special connection to this year's team because one of the products of '89, Gordon Purdie, is the head coach of the Adelphi's men's lacrosse team today. Coach Purdie said that the reunion was in of itself incredible.

"We just had our 30-year reunion and it was clear with the number of guys that came, being a part of a family here was real and having connected with so many of these guys at the alumni game, it was like we never left. Even though it is 30 years later, it was like catching up with your brother," he said.

In 1989, the Panthers were of the best eight teams in the country, but at the



The 1989 semifinalist Adelphi men's lacrosse team. (Photo Courtesy of Coach Gordon Purdie)

on April 24, the Panthers were just named the top seed for the Northeast 10 Championship. Junior Nicolas Racalbuto is second in the conference in goals with 55 on the season. Redshirt junior Gordon Purdie, Jr. has the fourth most assists in the conference. Redshirt senior Ian Kirby has 67 points on the season, notching him at fifth in the conference.

"Doc" Doherty.

Coach Purdie spoke very highly of his coach when he was at Adelphi.

"Paul Doherty became a father figure for me after I arrived in Adelphi in 1986," he said. "He took on that role as a father to me, and to the 30 plus other players. The recent fortieth anniversary reunion of 1979 national championship win, it allowed me to listen to the many stories [the players] shared about Paul Doherty. There were many similarities that I had with the many different things that he gave to make this program the best in Division II. It's clear Doc Doherty not only did his job, but also went above and beyond."

Quinn said, "Coach Doherty put something in our lockers and it probably took took of us a few years to really appreciate. It was something xeroxed that said, 'Somebody's got to sell the popcorn.' We thought he was insane. But, it meant

that everyone needed to play their part and fill our roles that season and we did. I still have a copy of that saying today."

When asked if there were any similarities between the 1989 and 2019 teams, Coach paused and laughed, and then showed off the 1989 team picture.

"There are a lot of similarities between the '89 team and this team," he said. "I think this current team here, they're so close as a family; they call themselves family. They would do anything for each other, and I think that's a strong similarity and is a good reason why we were quarterfinalists in 1989 and why we won our regular season conference championship this year and we'll hopefully move on to the NCAAAs."

Watch aupanthers.com for the playoff schedule and see if Coach Purdie's prediction is correct for the 2019 men's lacrosse team.



Coach Purdie (right) with donors and Adelphi lacrosse alumni cutting the ribbon to the new locker room. (Photo right) Senior Brendan McDougal was recently named Northeast 10 Goaltender of the Year. (Photo by Adelphi Athletics)



time, they were playing at the Division I level. They finished that season with a 12-3 record, beating Michigan State with a score of 16-10 to reach the elite eight and just falling short of the final four to the University of Maryland in overtime, 12-11.

One of the 1989 players, Michael Quinn, reflected on his experience. The day that the Panthers lost to Maryland was Adelphi's commencement ceremony. Therefore, all Adelphi senior lacrosse players missed their graduation to play in the NCAA Tournament. "It didn't matter to us that we were missing our graduation day. We wanted to be at the playoff game," said Quinn. Despite their loss, Adelphi was playing at an extremely high level among schools that are lacrosse powerhouses today.

The luck of the 9's has continued with the 2019 season. This season, the Panthers finished the regular season with a 15-1 record, only falling to LeMoyne College 10-8 a few weeks ago. Additionally,

Senior goaltender Brendan McDougal has been an impact player this season with a 58.2 save percentage and 7.82 goals-against average, setting him second in the NE10 in both categories. On Wednesday, May 1, McDougal was named NE10 Goaltender of the Year.

"Our senior leadership this year is phenomenal," Coach Purdie said. "We have 14 seniors playing on our team this year and the guidance and experience of those players being a part of the program has helped mold a team for a championship run."

The men's lacrosse team was also gifted a new and improved locker room recently. On April 13, there was a ribbon cutting ceremony as a grand opening for the locker room. Over \$150,000 was raised by donors, who include alumni, family and friends of the lacrosse program. The locker room includes wooden lockers, Adelphi's new branding, televisions and more. It was named after 1989's head coach, Paul

Adelphi Baseball Update



The baseball team has been a force to be reckoned with this season. Currently, the Panthers stand at 31-5-1, making them first place in the Southeast Division of the Northeast 10 conference. Senior pitcher Ed Baram, shown above, has an impressive 0.46 ERA and has a 7-0 record. At Adelphi's annual Athletics Banquet on Monday, April 29, Baram was named Adelphi's Male Athlete of the Year. (Photo by Adelphi Athletics)

Panther Podium: Ficke Finale

BY NICOLETTA CUCCIO

Welcome to the Panther Podium, a series from Adelphi Athletics, where student athletes are given a platform to share their experiences as a student and an athlete—in their own words—in print here and online at aupanthers.com.

My name is Nicoletta Cuccio and I am the creator of The Panther Podium. It has been my pleasure to provide my fellow student athletes with a platform to display their story in an unfiltered environment. Here is my story.

100. The number of times I stepped on Ficke Field for game day. If there is one thing that number has taught me, it's that there truly is no place like home.

For the final time in my career, I heard the announcer call my name and hometown. As I jogged out to the circle, I thought about how far I have come since I left Dingmans Ferry, Pennsylvania in 2015. Standing with my heels on the back of the rubber, facing the flag with my arms around two of my teammates, I sung the National Anthem. Everyone in the stadium stands united together during this time, where we are reminded that it is more than just a game.

I leave the circle to put on my chest protector, helmet and squat down ready to receive five warm-up pitches. I throw the fifth one down to second and meet my teammates back in the circle, as we come together, each put on finger on the ball and connect as one. In this moment, we know that it is time to play ball. I jog back where I meet the umpire and shake their hand, establishing the trust and space for conversation necessary throughout the game. I move some dirt around with my



Cuccio catching a game against NYIT during her freshman campaign. Recently she broke Adelphi's runs scored record during her senior season. (Photo right) Cuccio joins teammates in the huddle prior to game time. (Photo by Adelphi Athletics)

feet, lower into my position and look to my right into the dugout.

I see four of my teammates who although not in play, have roles that extend beyond the white lines. They embody selflessness, support, stubbornness and sharpness.

My gaze extends to right field. I see constant energy. I see someone who wakes up ready to take on the day while putting smiles on other's faces.

I then shift my eyes to center field, a clear view right ahead. I see passion. I see someone who will do anything in her power to help her team and the program that she gets to represent.

I turn my head slightly to left field. I see sacrifice. I see someone who has taken on a position formerly unknown.

I bring my gaze forward to see third base. I see determination. I see someone who, when not on the field, is spending

12 hours in clinicals pursuing her dream.

I now work my way right, to shortstop. I see seamlessness. I see someone who fields her position with ease. The transition from glove to hand is the smoothest I have seen.

I continue my gaze to second base. I see grit. I see someone who shows that height doesn't measure heart. My gaze stops down the line to first base. I see growth. I see someone who has progressed and embraced her experiences. I center my gaze, look ahead 43 feet to my pitcher. I see confidence. I see someone who has developed into a competitor with a strong presence on the mound.

I put down a series of three numbers indicating the pitch I want her to throw. I look her in the eyes, see a focused gaze and a nod of her head, which signifies her commitment and confidence in the pitch. As she begins her motion, I bring my



hands together to the center of my body and shift into a receiving position. As the ball quickly approaches, I feel a connection between my pitcher and me. I see a 12-inch ball being held together by 88 seams, but it's so much more than just a ball. It's the nucleus of trust that holds a team together.

The ball hits my glove and leaves a thin cloud of dirt surrounding me. When the dust clears, I see 16 eyes staring at me. What do those eyes see?

They see a leader. Someone who they can trust when things go awry. Someone who prides herself on preparation and communication. Someone who has invested countless hours in working on her craft for moments like these. Someone who holds herself and others accountable. Someone who genuinely cares about leaving a lasting impact far beyond her time on the diamond.

My gaze lowers to the space in front of my feet, a sight that I have grown comfortable with. I see black and white. I see 17 inches of a shape that I call home.

Some may say that four years is a long time, but to me, it has gone by in the blink of an eye. 100 may just be a number to you, but to me it represents the many opportunities I was provided to play the game that I love.

Thank you, Adelphi University, for providing me with this opportunity that helped me find my true passion. Thank you to my coaches and teammates who have taught me that forming relationships and creating memories is worth more than any accolade. But most of all, thank you Janet L. Ficke Field for being my home.

Track and Field's Wilkins Twins Are Each Other's Support System

BY BEN DONAHUE

We've all seen or had sibling rivalries. We've seen the bickering and quibbling, but also the shared love and support. Then there's the case of Trevor and Tyler Wilkins, a pair of identical twins on the Adelphi track and field team.

Up until sixth grade, the twins said they had only played basketball together. But when they joined the track team, they knew they had found a common

passion. And while a lot of siblings have rivalries, the Wilkins have what they call a "sibling support system."

Adelphi track and field's head coach Katie Rees agrees. "It's amazing having those two on the team together. They support each other, give each other tips and root for each other every day during practice or invitationals. It's like having another coach out there."

Competing against each other in the same events, the triple jump and long jump, is not even a problem.

"We help each other out there and coach each other," Tyler says. "I'm a little better at triple jump, and he's a little bit better at long jump, so we can look at and critique each other."

This relationship was built spending years on the track together, training and working. The two Shirley, New York, residents decided that they wanted to attend the same school, and Adelphi became their destination.

They remain very competitive, but for a different reason than earlier in their careers.



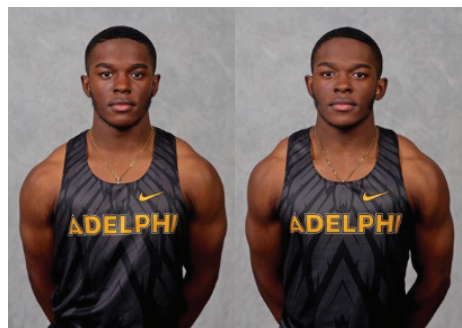
Trevor and Tyler Wilkins with teammate Kevin Nalisa at a meet. (Photo by Adelphi Athletics)

"We've calmed ourselves down a lot," said Trevor. "We used to be way more competitive trying to beat each other just because we're brothers, but now we try to beat each other because we know that it pushes us even further to keep getting better."

Freshman teammate Mac Bailey, a jumper, said, "Their drive kind of pushes all of us to work even harder. We see them competing against each other and working their asses off and it makes the rest of the

team want to work and train just as hard as they do."

The two have already made great strides. Tyler surpassed his previous personal record of 12.95 meters in triple jump with a leap of 13.21 meters. Trevor has personal bests of 6.29 meters in long jump and 12.49 meters in triple jump, and there's no reason to believe that they won't keep improving. It's the brothers' determination and hard work that has pushed them to this point, and it's the same thing that's going to keep pushing them.



Trevor Wilkins (left) and, Tyler Wilkins (right) (Photo by Adelphi Athletics)